

Early Years and Key Stage 1 Prayers

The Sign of the Cross



(The Sign of the Cross is a prayer gesture where we touch our forehead, chest, and shoulders, symbolising the Holy Trinity and the belief in Jesus's death and resurrection. It's a way to remember God's love and acknowledge Jesus as God)

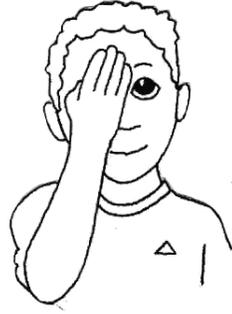


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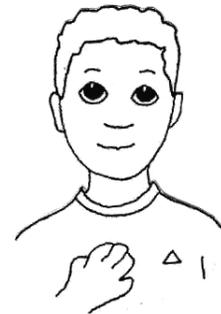
**“In the name of the Father
and of the Son,
and of the Holy Spirit”**



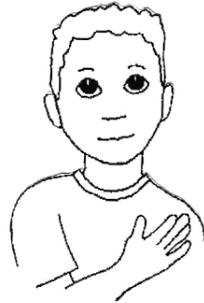
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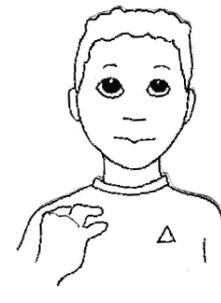
1. In the name of the Father,



2. and of the Son,



3. and of the Holy



4. Spirit.



5. Amen.

The Sign of the Cross

We touch our forehead:

This means we're remembering that Jesus is the Son of God, the second person of the Holy Trinity, and that God is the Father.

We touch our chest:

This reminds us that Jesus came to earth as a human, lived, and died for us.

We touch our shoulders:

This shows that we're thinking about Jesus's sacrifice on the cross, which helped us be forgiven for our mistakes and come back to God.

We say "In the name of the Father, and of the Son, and of the Holy Spirit":

This is a prayer that tells God, who is three in one (Father, Son,

Our Lord's Prayer

This is the prayer that Jesus
Himself taught us to say

Our Lord's Prayer

The Lord's Prayer

Our Father,
Who art in Heaven
Hallowed be thy name
Thy Kingdom come
Thy will be done
On earth as it is in Heaven
Give us this day our daily bread
And forgive our trespasses
As we forgive those who
trespass against us
And lead us not in to temptation
But deliver us from evil
For thine is the Kingdom
The Power and the Glory
Forever and ever
Amen

“Hail Mary” prayer



In this prayer we use the words that the angel Gabriel said to Mary when she was asked to be Jesus's mother.

The “Hail Mary” prayer



Hail Mary

Full of grace,
the Lord is with thee.
Blessed art thou amongst
women and blessed is the
fruit of thy womb,

Jesus.

Holy Mary,
Mother of God, pray
for us sinners, now and
at the hour of our death.

Amen.

The “Glory be” prayer

About the Glory Be Prayer...

- The **Glory Be Prayer** shows us that:
 - we know about and believe in God: Father, Son and Holy Spirit.
 - we love all Three-in-One as well.
- Do you know what the Father, Son and Holy Spirit are called together? Try guess!
- They are called **The Holy Trinity!**
- Trinity sounds like the word “three”, right? Because they are three!



The “Glory be” prayer



Grace before meals

We say this prayer to thank God for giving us food every day and to ask Him to bless what we



Grace before meals

**“Bless us oh God as we sit
together,
Bless the food we eat today,
Bless the hands that made the
food,
Bless us oh God,
Amen”**

Prayer before meals

Bless us O Lord
As we sit together
bless the food we eat today,
bless the hands that made the food;
bless us O Lord.
Amen.



Morning prayer

We remember to start the day by thanking God.





Morning prayer

**Thank you God for each
new day,
We come to school to work
and pray,
Thank you for each girl and
boy,**

Afternoon prayer

At the end of each day, I remember:

-to say **sorry** for what I have done wrong
today

-to say **thank you** for everything God
has given me today

-to **ask** God to help me
become a better person tomorrow





Afternoon prayer

**God our Father I come to say
Thank you for your love today;
Thank you for my family and all
the love You give to me.**

**Guard me in the dark of night
And in the morning send your
light.**

Amen