

Upper Key Stage 2 Prayers



Morning offering

We remember to start the day by offering to God everything we may encounter during the upcoming day.





Morning offering

**O Jesus,
Through the most pure heart
of Mary,
I offer you all my prayers,
thoughts, works and
sufferings of this day for all
the intentions of your most
Sacred Heart**

The Magnificat

The Magnificat is a canticle, or hymn of praise, taken from the Gospel of Luke (1:46-55), where Mary speaks it in response to her cousin Elizabeth's praise of her faith. It's a prayer of praise and gratitude, reflecting on God's mercy and the fulfilment of his promises.



The Magnificat's Key Themes

God's Favour:

The Magnificat celebrates God's favour and mercy on Mary, recognizing her as blessed among women

God's Power:

It highlights God's strength and power, as he disperses the proud, lifts up the lowly, and fills the hungry.

God's Mercy:

The Magnificat reminds us of God's mercy and his faithfulness to his promises, particularly to his chosen people

Why it's important:

Mary as a Model:

The Magnificat provides a model of faith and obedience, as Mary answers God's call and accepts her role in God's plan,

A Call to Action:

The Magnificat also inspires us to work for justice and a transformed world, following Mary's example of responding to God's call

The Magnificat

**My soul proclaims the greatness of the Lord, and my spirit rejoices
in God my Saviour,**

**For He has looked upon his handmaid in her lowliness,
For behold, from this day forward, all generations will call me
blessed.**

For the Almighty has done great things for me and holy is his name.

His mercy is from age to age for those who fear Him.

He has made known the strength of his arm,

And has scattered the proud in their conceit of heart.

**He has cast down the mighty from their thrones and has exalted
those who are lowly.**

**He has filled the hungry with good things, and has sent the rich
away empty.**

**He has helped his servant Israel, mindful of his mercy,
Even as He promised to our fathers, to Abraham and his
descendants for ever.**

Glory be to the Father and to the Son and to the Holy Spirit,



Hail Holy Queen

The Hail, Holy Queen is one of the most well-known prayers about Mary. It is a prayer of petition, asking Mary for her prayers on our behalf.

Why do we say the Hail Holy Queen

- Mary is our Mother: Just like we have a real mom, Mary is our spiritual mother.
- Asking for Help: The prayer asks Mary to help us be good and stay close to God.
 - A Loving Guardian: We ask Mary to watch over us and protect us like a loving mother or guardian.
 - A Friend to Jesus: The prayer also reminds us that Mary is Jesus's mom, and she loves Him and knows how to get our prayers to Him.

Hail Holy Queen



HAIL, HOLY QUEEN!

Hail, Holy Queen, Mother of mercy. Hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we sigh, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us. And after this our exile, show us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Amen.

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The Memorare prayer

The Memorare is a simple prayer to Mary, asking her to help us when we're in need or feeling sad. It's like saying, "Remember, Mary, you've always helped people, and now I need your help too!". It's a prayer of trust and asking for her intercession, meaning she'll ask Jesus for us on our

The Memorare prayer



The Memorare

Remember, O most gracious Virgin Mary, that never was it known, that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins my Mother.

To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

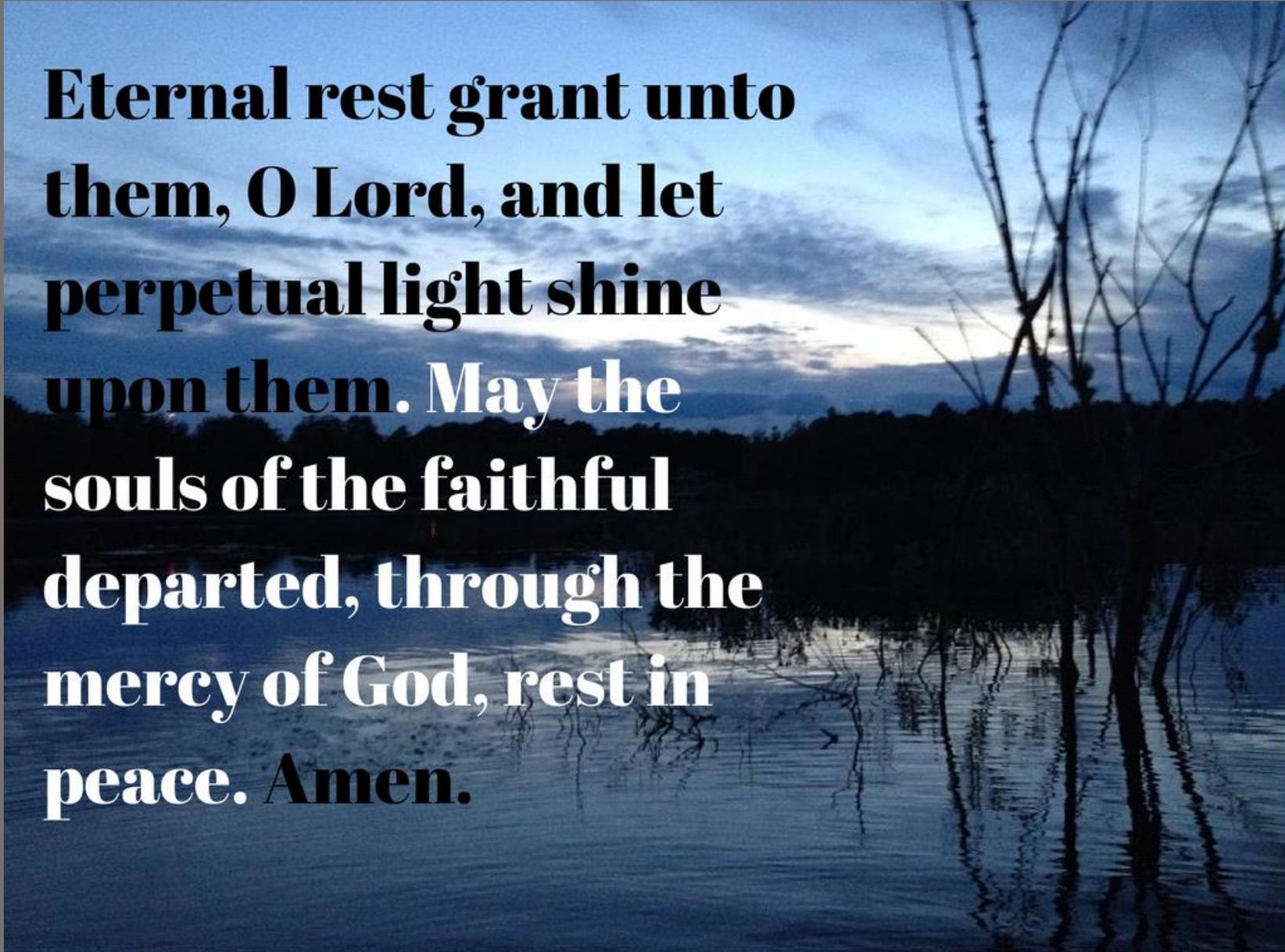
"A partial indulgence is granted to the faithful who ... raise their mind with humble confidence to God."

“Eternal Rest” prayer

"Eternal rest" means praying for people who have passed away so they can rest peacefully with God in Heaven. We believe that after we die, our souls live on but may need our prayers to get to our final destination: Heaven.

“Eternal Rest” prayer

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.



Act of Faith

The Act of Faith is a Catholic prayer where we tell God we believe in Him. It's like a promise to believe in God's big truths, like He's one God in three persons, Jesus is His Son, and that Jesus came to save us.

Act of Faith



**My God, I believe in You
And all that your Church
teaches,
Because You have said it,
And your word is true.**

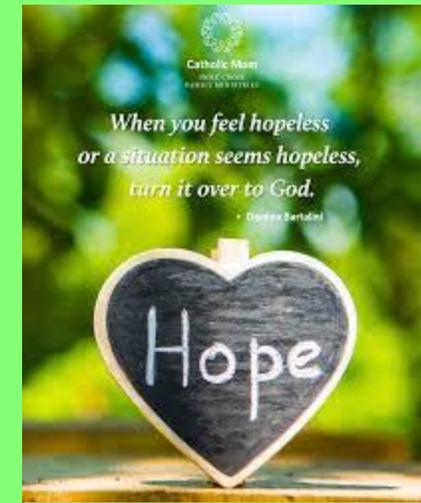
Amen

Act of Hope

The "Act of hope" expresses our belief and trust that something good will happen and that God will keep His promises. It's like saying, "I believe that God will take care of me and make good things happen," even when things seem hard.

Act of Hope

**My God, I hope in You
For grace and for glory,
Because You have said it,
And your word is true.
Amen**



Act of Love

The Act of Love, a Catholic prayer, expresses love for God and neighbour. It's rooted in the teachings of Jesus, who said that loving God and our neighbour is the greatest commandment. The prayer affirms that God is worthy of all love and that we should love our neighbour as ourselves, for God's sake.

Act of Love



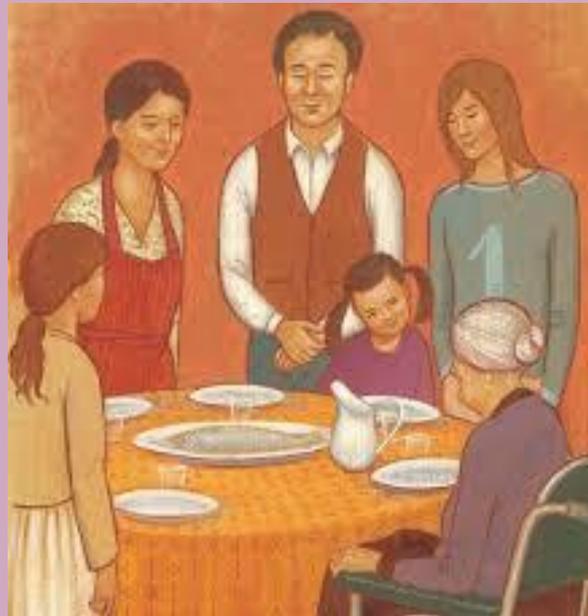
**My God, because You are
so good,
I love You with all my
heart,**

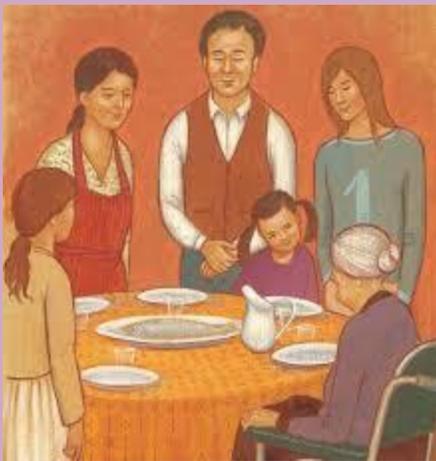
**And for your sake,
I love my neighbour as**

French lunchtime prayer

*We ask God to bless the food we
are about to eat*

(sung using Frère Jacques tune with actions)





French lunchtime prayer

*(sung using Frère Jacques tune
with actions)*

A la table, à la table

Venez tous, venez tous

Et que Dieu bénisse, et que

Dieu bénisse

Ce repas, ce repas



Afternoon prayer

At the end of each day, I remember:

*-to say **sorry** for what I have done wrong
today*

*-to say **thank you** for everything God
has given me today*

*-to **ask** God to help me become a better
person tomorrow*



French hometime prayer

(with actions)

**Au nom du Père et du Fils et du
Saint-Esprit.**

Merci pour aujourd'hui

Merci pour ma famille

Merci pour mes amis

Merci Jésus-Christ

Amen