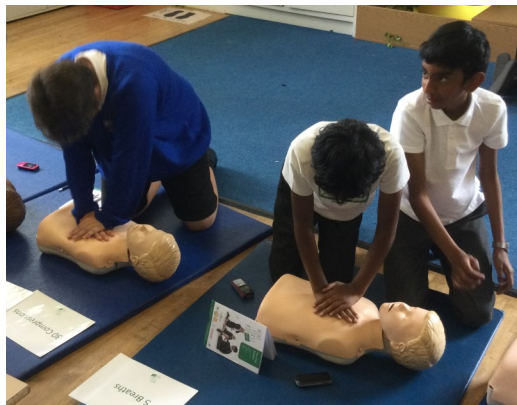




Year 6 First Aid training

The focus of the relationships and health education teaching in primary schools is on teaching the characteristics of good physical health and mental wellbeing. It teaches the fundamental building blocks and characteristics of positive relationships. It clearly states the importance of teaching children that mental wellbeing is an important part of daily life, in the same way as physical health. This starts with pupils being taught about the benefits and importance of daily exercise, good nutrition and sufficient sleep, and giving pupils the language and knowledge to understand the normal range of emotions that everyone experiences. The guidance requires us to talk about the steps pupils can take to protect and support their own and others' health and wellbeing, including simple self-care techniques, personal hygiene, prevention of health and wellbeing problems and basic first aid. Again this year, we have enabled all of our Yr6 pupils to participate in First Aid training, an essential life skill which they will be able to draw upon should they be faced with a basic first aid emergency. The children really enjoyed working with Naomi from Mini First Aid Suffolk to learn basic skills in how to administer CPR, how to manage a situation whereby someone is choking and how to treat burns and wounds.



Year 4 WCET Concert

Year 4 walked to the Apex on Thursday 19th June and took part in the Whole Class Ensemble Teaching (WCET) Festival. The year group has thoroughly enjoyed learning to play the cornet. Since September, each Year 4 class has been taught for an hour each week by Mrs Blyth from the County Music Service in preparation for this performance! Luckily the Apex was air-conditioned, this helped a great deal as it was such a hot day. The children performed the following pieces: Fiesta, Waltz through Paris, I'm a believer and Ode to Joy. It was lovely to see so many parents and families come and enjoy this celebration with us.



Year 5 Activity week

The Year 5 children recently had a great activity week with many of the children having enjoyed their time staying at the Horstead Centre on the residential trip, some also shared this experience with the Year 5 children from St Josephs.

As you can see from these photos, they had the opportunity to experience a range of outdoor activities such as archery, canoeing, climbing and caving. They were ambitious in the goals that they set for themselves and demonstrated some great problem-solving skills whilst away.



Another group of Year 5 children enjoyed their school based activity week. They enjoyed time spent on the water meadow, a cinema trip and a circus skills workshop led by Academy of Movement.

Year 5 and 6 production



PIRATES of the CURRY BEAN



Well done to the children in Year 5 and 6 who shared with us 2 fabulously funny performances of, Pirates of the Curry Bean! It was evident that they had worked really hard to learn lines, rehearse songs and get to grips with music, lighting and props when required on stage. Thank you to the family members who came to watch the performances and to the Theatre Royal for loaning us some props and costumes.



Summer Term Diary Dates

Wk beg 30th June	Year 6 Activity week (including Aylmerton residential trip)
Fri 4th July	Year 5 Library visit
Mon 7th July	KS2 Sports Day 2pm
Wed 9th July	Year 5 science workshop with Mr Gregory from St Benedict's
Thur 10th July	Rocksteady gig 9am
Thur 10th July	Young Carer group session
Sat 12th July	Summer Fayre 12-3pm
Mon 14th July	EY/KS1 Sports Day 2pm
Mon 14th July	Year 6 Leavers Mass 6pm
Tue 15th July	Robins class Welcome morning 9:30am
Thur 17th July	Early Years RE celebration with parents - 2:30pm
Fri 18th July	Whole school Mass 9am
Friday 18th July	Transition day (Children meet their new teacher)
Tue 22nd July	Last day of term

SUMMER HOLIDAYS

Children return to school on Wednesday 3rd September 2025

Year 4 visit to our parish Church

On Tuesday 24th June, Year 4 visited Father Sean in Church to find out about the outreach work that the Church is involved in. He talked about their work with people who are sick in hospital, their continued support of the Gatehouse charity, the Helping Hands group, the Bethany Bereavement Support Service and the Men's group. It was most informative and he gave the children a quick tour of the Church whilst they were there too.



Thank you to Ernie, Jamie, Karina and Teddie who recently represented our school at an interschool tennis tournament. They all played well and demonstrated great sportsmanship.



Year 5 French fun!

On June 17th, French A-level students from St Benedict's visited Year 5 pupils to deliver a French lesson about our current topic "Chez moi" (house and home). The children were very focused thanks to the Sixth Formers being so well-prepared and motivating their pupils to make sentences to describe their own home. It was lovely to see a large proportion of past pupils who had a great time reminiscing and pointing out that "everything looks smaller than I remember!" We were also delighted to receive some lovely feedback from Mr Richmond, the head of sixth form who said, "The St Benedict's students were so excited by the prospect of teaching the younger children and the experience certainly didn't disappoint. They loved it! Your pupils were so engaged and friendly. What a lovely school you have."



Year 1 Abbey Gardens visit

Last week the children in Year 1 walked to the Abbey Gardens to go and study trees and plants as part of their science learning. They were looking to identify deciduous and evergreen trees and wild and garden plants. It was a rather warm afternoon and they had a great time.

