

PARENT INFORMATION EVENING

Tuesday 12th June 2018



PGL Adventure Centres

- PGL is an international organisation with centres across the UK and France.
- PGL have been providing adventure and educational trips to groups since 1957
- Our school has visited Château du Tertre since 2013



Why Château du Tertre?

- Ideal base to explore rural France
- Opportunity to use French in real-life situations
- Heritage of the local area offers outstanding learning possibilities
- Easily accessible





Catering

- 3 nutritionally balanced meals per day
- Self-service salad bar
- Vegetarian option
- Opportunity to try local dishes – including snails!

Itinerary

Monday	am Departure	pm Camp fire	
Tuesday	am Fougères	pm Fencing	Eve Creperie
Wednesday	am Arromanches	pm Caen	Eve Team games
Thursday	am Evron Market	pm Rafting	Eve Disco
Friday	am Departure	pm Return	

Staff

- Mrs Kemble
- Mr Leighton-Scott
- Mrs Brewster
- 3 members of Staff
from St Edmund's RC
Primary School, Bury

PGL Staff

- Activity leaders
- Groupies
- Catering staff
- Management

Monday

- Bring child to school at **5.45am**.
- Meet at the front of the school, by the office.
- Sign in any medication that has not already been collected.
- Aim to leave school **at 6.00am**.
- Children take a packed lunch in **disposable packaging**.
- We aim to arrive at Château du Tertre in the afternoon before settling in and starting evening activities.

Friday

- We intend to be back by the end of the school day at **8.30pm** however, due to Friday evening traffic, this may change.
- We will update the school regarding arrival times.
- Please keep checking twitter @StJosSudbury & text as we will be updating parents via twitter/email/text updates if there is a change to the arrival time.
- We will only inform you if there will be more than 30mins change to timings.

Luggage

Hand luggage, one bag per person

Essential items

- Night clothes (not onesies!)
- Several changes of underwear (including socks)
- Jumpers / fleeces / t shirts – long sleeved and short
- Old trousers – tracksuit bottoms are best
- Shorts
- 2 pairs of trainers (1 pair will get wet)
- Waterproof jacket
- Drinks bottle
- **Sun tan lotion**
- Sun hat / cap
- Wash bag with toiletries
- At least 1 towel
- Strong plastic bags (for dirty washing)

Items not allowed

- Mobile phones
- Hand held electronic games (eg DS)
- Heelies
- Electrical hair appliances
- Makeup
- Aerosols (they tend to set off smoke alarms!). Roll on deodorants are best.

Medicines / First Aid

- PGL will be informed by the school of medical information prior to departure.
- If your child has regular medicine we will need to take it with us.
- You must provide the school with enough medicine for the duration of the holiday; it must be in date, named and the requirements for taking it clearly identified.
- All medicines will be signed into the medical book on the morning of departure.
- Medicines include **travel pills**. If they are required to be taken prior to departure on the Monday or Friday (return journey) they will need to be signed in by a member of staff.

Money

- Children may bring up to €35 for the trip.
- Please get 5 & 10 euro notes.
- There is a shop on site that the children will have the opportunity to visit. They will also have opportunities to buy souvenirs on the excursions.
- Children will be responsible for their own money so should have a clearly named purse or wallet.
- 10 euros will be collected on arrival to pay for the crepe night and market activity.

Basic Rules for the Trip

- Always be polite to instructors and other centre staff.
- Always follow instructions immediately.
- Only enter your own room.
- Be ambitious and adventurous – try new things including food.
- Remember to tidy away after yourself when you have finished a meal.

Safety

- All safety equipment is provided by PGL.
- Children are informed how to use the equipment before they start the activity and centre leaders check it is fastened, fits etc.
- The site is very safe and secure. There is always a member of PGL staff on call over night.

Communication

- It is the school and the centre's policy not to allow children to phone home during their time away.
- There will be contact with the trip via the Twitter account, internet permitting – keep an eye on the Twitter page.
- Children are **not allowed** to bring mobile phones.
- Emergency contact numbers will be provided prior to departure.

Groups

There will be two separate groupings:

- Room groups (Children will be given their room groups on the day of departure).
- Activity groups (There will be 5 of these. All members of staff will be aware of any medical information).

Remember, the memories of
this trip will last a lifetime!