

Session 1

How can Usain Bolt move so quickly?



Session 1

LO: To group animals according to their diet.

To understand that

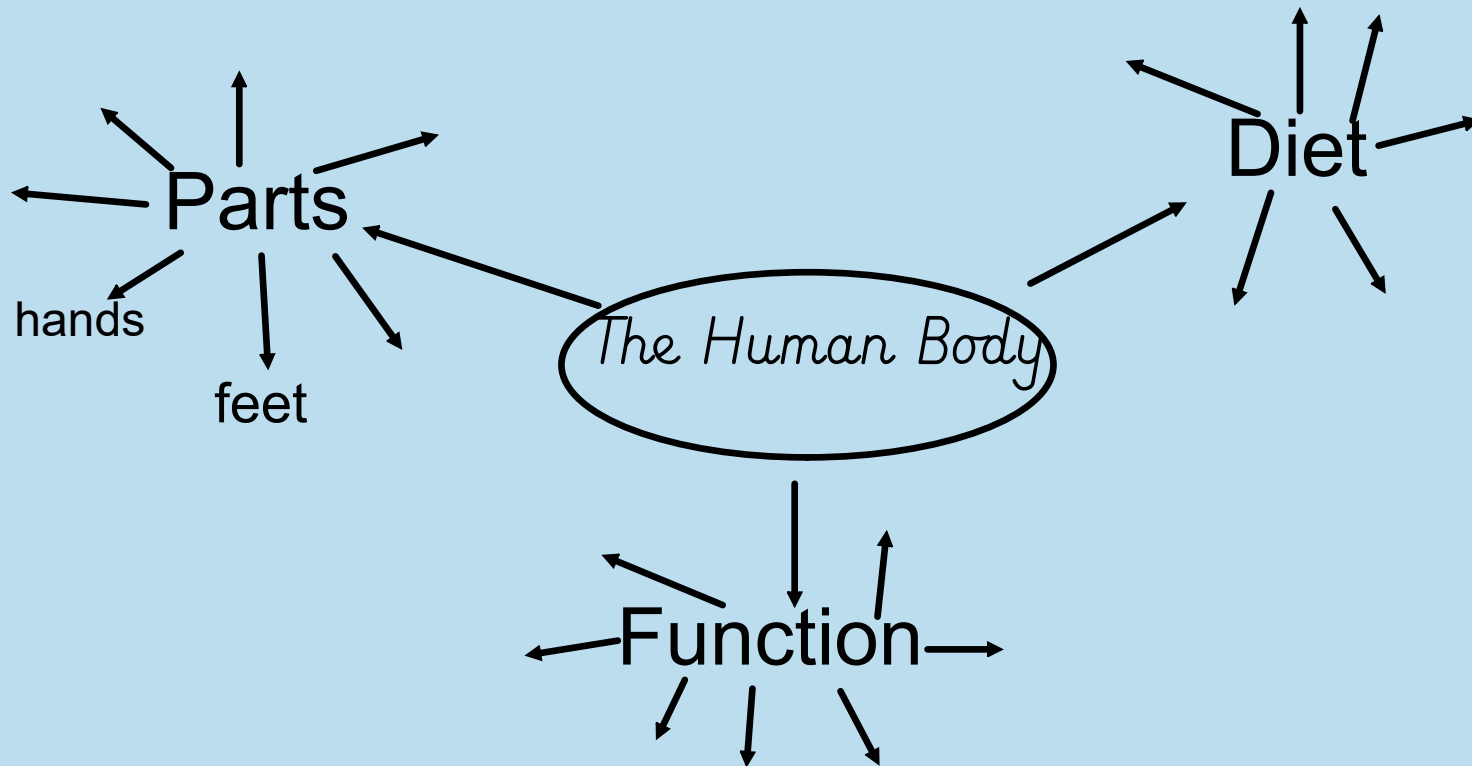
living things obtain nutrients from what they eat.

Success Criteria

You will be successful if you can:

- group animals according to their diet.
- understand and explain that living things obtain nutrients from what they eat.
- understand that humans and animals cannot make their own food.
- state why animals need the right type of nutrients.

Session 1: Create or add to this diagram about everything you already know about the human body. Don't worry if you don't know a lot. We will add to it later.



Session 1

LO: To group animals according to their diet. To understand that living things obtain nutrients from what they eat.

Animals can be put into groups based on the types of food they eat. Some animals called carnivores only eat meat.

Others are called 'herbivores'. They only eat plants.

Animals that eat meat and plants are called 'omnivores'.

Watch the video to learn more about animal groups and what they eat.

<http://www.bbc.co.uk/guides/z96vb9q>

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Write and finish these into your book.

How do animals get their food?

Animals can not make their own food which means they have to....

How do animals get their nutrition?

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Omnivore:

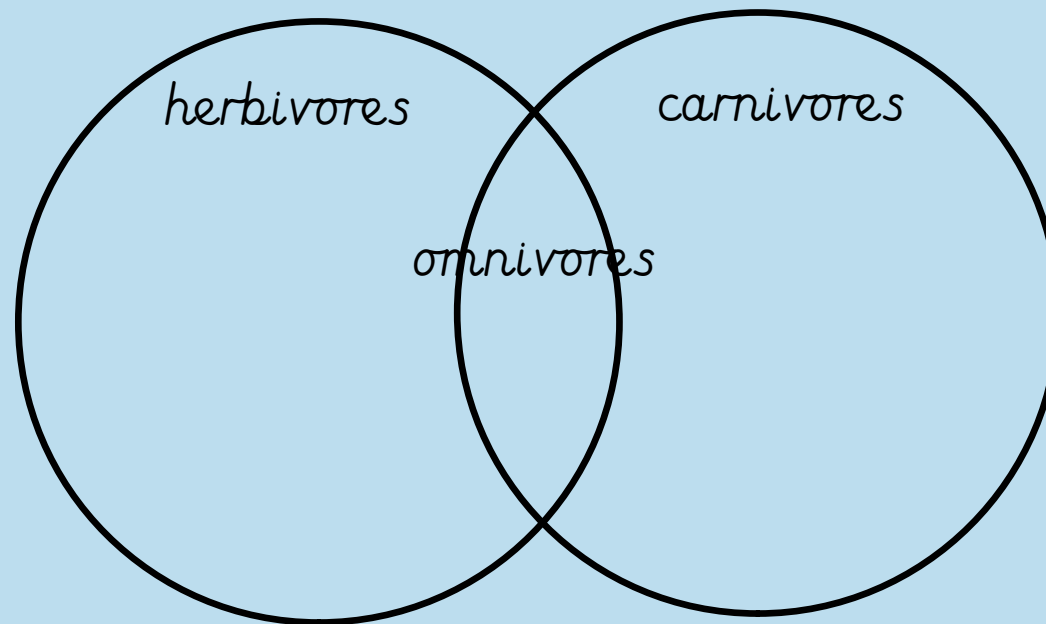
Carnivore:

Herbivore:

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LO: To group animals according to their diet.

Copy this and fill it in with a few animals you can think of!



Session 2

LO: To identify that animals, including humans, need the right amount of nutrition.

Success Criteria

You will be successful if you can:

- can identify that animals, including humans, need the right amount of nutrition.

Session 2

LO: To identify that animals, including humans, need the right amount of nutrition.

What is diet?

What is nutrition?

<https://www.bbc.co.uk/bitesize/topics/zrffr82/articles/zppvv4j>

Session 2

LO: To identify that animals, including humans, need the right amount of nutrition.

Look through the healthy eating PDF!

Session 2

LO: To identify that animals, including humans, need the right amount of nutrition.

Create your own healthy plate!

The Eatwell Guide

