

# ST EDMUNDS RC PRIMARY SCHOOL DINNER MENU

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Sausages and Mash with Gravy	Chicken & Sweetcorn Pie, Mini Roast Potatoes	Macaroni Cheese	Roast Chicken, Roast Potatoes & Stuffing	Battered Cod & Chips
MAIN 2	Quorn Sausages & Mash with Gravy	Veggie Pie, Mini Roast Potatoes	Jacket potato with Tuna Mayonnaise	Quorn Fillet, Roast Potatoes & Stuffing	Vegetable Fingers & Chips
<b>CHOICE OF TWO SEASONAL VEGETABLES</b>					
DESSERT	Apple & Blackberry crumble & Custard	Golden Cereal Bar and Milk	Vanilla Crunch	Gingerbread Cake with Orange Slice	Victoria Sponge

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Beef & Potato Pie	Pork Meatballs & Penne Pasta	Chicken Chasseur and Rice	Roast Turkey, Roast Potatoes & Yorkshire Pudding	Fish Fingers or Breaded Salmon Fingers & Chips
MAIN 2	Baked Bean Lasagne	Vegetarian Meatballs & Penne Pasta	Cheese Flan and Rice	Quorn Fillet, Roast Potatoes & Yorkshire Pudding	Quorn Dippers & Chips
<b>CHOICE OF TWO SEASONAL VEGETABLES</b>					
DESSERT	Peach & Raspberry Cobbler & Custard	Carrot & Orange Cake with Milk	Flap Jack	Cookie	Cappuccino Cake

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	BBQ Chicken and Rice	Pork Casserole and Mash	Pepperoni Pizza & Herby Potatoes	Roast Turkey, Roast Potatoes & Stuffing	Fish Fingers & Chips
MAIN 2	Mixed Pepper Quiche	Cheese and Potato Pie	Cheese Pizza & Herby Potatoes	Quorn Fillet, Roast Potatoes & Stuffing	Vegetable Fingers & Chips
<b>CHOICE OF TWO SEASONAL VEGETABLES</b>					
DESSERT	Chocolate & Pear Pudding & Custard	Shortbread	Apple & Raspberry Crumble Slice	Chocolate & Orange Marble Cake	St Clements Sponge

**Available daily:** Homemade fresh bread and salad bar to accompany meal  
Fruit, fat free yoghurt or cheese and biscuits as an alternative to dessert

OCTOBER/NOVEMBER

M	T	W	T	F	S	S
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

DECEMBER

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

DECEMBER/JANUARY

M	T	W	T	F	S	S
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FEBRUARY

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

MARCH

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

APRIL

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

ALLERGEN DETAILS  
AVAILABLE ON REQUEST

MENU SUBJECT TO CHANGE

